



December 1 – 3, 2013 Sunday - Tuesday

## Healing Through Medicine Buddha

### Lama Migmar Tseten

For everyone; especially those in the healing arts.

Medicine Buddha, the guru of physicians, was first introduced to Tibet by the Indian Nalanda master Shantarakshita in the eighth century. Since then, Medicine Buddha has become a powerful spiritual healing practice in Tibetan Buddhism.

This special program will begin with a teaching and transmission by Lama Migmar on the Medicine Buddha Sutra, emphasizing the healing of sentient beings. On Saturday, Lama Migmar will bestow the Medicine Buddha Empowerment to connect with Medicine Buddha and receive the blessings and healing energies of his enlightened light body, mantra, and wisdom. You will also receive instruction on the meditation practice of Medicine Buddha.

On Sunday morning, Lama Migmar will teach how to combine the sadhana (spiritual practice) of Medicine Buddha with the technique of blessing medicinal substances to enhance their healing function. The workshop will conclude with the practice of Medicine Buddha sadhana and a medicine-blessing ceremony. Please bring any fresh, unopened medicines you may have for this ceremony.



Lama Migmar Tseten was born in Tibet in 1956. In 1980, he received the Acharya degree from the Tibetan Institute at Varanasi, where he was recognized for academic achievement by His Holiness the Dalai Lama. In addition to his roles as Buddhist chaplain at Harvard University and director of the Sakya Institute of Buddhist Studies in Cambridge, Massachusetts, Lama Migmar has also served as the head of the Sakya Main Monastery at Puruwala, India, and Sakya Center at Rajpur, India, and directs the Sakya Retreat Center in Barre, Massachusetts. He supervised the editing of many rare volumes of Sakya literature. [www.lamamigmar.net](http://www.lamamigmar.net)

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